

## VENUES

**Alderbrook School**  
Oldridge Road - SW12 8PP

**DLC (Dulwich Leisure Centre)**  
2b Crystal Palace Road - SE22 9HB

**EDCC (East Dulwich Comm Centre)**  
44-46 Darrell Road - SE22 9NL

**Fison Fitness**  
280 Milkwood Road - SE24 0EZ

**Forest Hill Pools**  
Dartmouth Road - SE23 3HZ

**Fusion Bellingham**  
5 Randlesdown Road - SE6 3BT

**Goodrich School**  
Dunstans Road - SE22 0EP

**Herne Hill Lifestyle Centre**  
Ferndene Road - SE24 0AG

**Ivydale Bellwood**  
1 Bellwood Road - SE15 3DE

**Lochaber Hall**  
Manor Lane Terrace - SE13 5QL

**St Bartholomew's Church Hall**  
4 Westwood Hill - SE26 6QR

**Studio One Pilates**  
58-72 Dalmain Road - SE23 1AT

**Telegraph Hill Centre**  
Kitto Road - SE14 5TY

**The Scout Hut**  
212 Bellenden Road - SE15 4BY

**Training Points**  
5-6 Coopers Yard - SE19 1TN



www.eosdance.co.uk

# Class Calendar 2020-2021

■ Autumn term  
 ■ Spring Term  
 ■ Summer Term  
 ■ Holidays

September	October	November	December
M T W T F S S	M T W T F S S	M T W T F S S	M T W T F S S
1 2 3 4 5 6	1 2 3 4	1	1 2 3 4 5 6
7 8 9 10 11 12 13	5 6 7 8 9 10 11	2 3 4 5 6 7 8	7 8 9 10 11 12 13
14 15 16 17 18 19 20	12 13 14 15 16 17 18	9 10 11 12 13 14 15	14 15 16 17 18 19 20
21 22 23 24 25 26 27	19 20 21 22 23 24 25	16 17 18 19 20 21 22	21 22 23 24 25 26 27
28 29 30	26 27 28 29 30 31	23 24 25 26 27 28 29	28 29 30 31
		30	

  

January	February	March	April
M T W T F S S	M T W T F S S	M T W T F S S	M T W T F S S
1 2 3	1 2 3 4 5 6 7	1 2 3 4 5 6 7	1 2 3 4
4 5 6 7 8 9 10	8 9 10 11 12 13 14	8 9 10 11 12 13 14	5 6 7 8 9 10 11
11 12 13 14 15 16 17	15 16 17 18 19 20 21	15 16 17 18 19 20 21	12 13 14 15 16 17 18
18 19 20 21 22 23 24	22 23 24 25 26 27 28	22 23 24 25 26 27 28	19 20 21 22 23 24 25
25 26 27 28 29 30 31		29 30 31	26 27 28 29 30

  

May	June	July	August
M T W T F S S	M T W T F S S	M T W T F S S	M T W T F S S
1 2	1 2 3 4 5 6	1 2 3 4	1
3 4 5 6 7 8 9	7 8 9 10 11 12 13	5 6 7 8 9 10 11	2 3 4 5 6 7 8
10 11 12 13 14 15 16	14 15 16 17 18 19 20	12 13 14 15 16 17 18	9 10 11 12 13 14 15
17 18 19 20 21 22 23	21 22 23 24 25 26 27	19 20 21 22 23 24 25	16 17 18 19 20 21 22
24 25 26 27 28 29 30	28 29 30	26 27 28 29 30 31	23 24 25 26 27 28 29
31			30 31

Please see page 2 for timetable

<b>MONDAY</b> <b>GOODRICH (Ballet - Miss Ari)</b> 3:45 to 4:25pm - Rising Stars 4:25 to 5:05pm - Mini Ballerini 5:05 to 5:35 - Pointe work (Sugar Plum Fairies)		<b>STUDIO ONE PILATES (Ballet - Miss Anita)</b> 9:30 to 10am - Big & Small 10 to 10:30am - Tiny Dancers		<b>STUDIO ONE PILATES (Str Dance)</b> *OPENING DATE TBC* 4 to 4:40pm - Mini Street 4:40 to 5:20pm - Junior Street		<b>TEL HILL CENTRE (Str Dance - Miss Leila)</b> 4 to 4:40pm - Mini Street 4:40 to 5:20pm - Junior Street		<b>H HILL LIFESTYLE CENTRE (Ballet - Miss Hannah)</b> 3:30 to 4pm - Big & Small 4 to 4:30pm - Tiny Dancers 4:30 to 5:10pm - Rising Stars		<b>FISON FITNESS (Ballet - Miss Berni)</b> *OPENING DATE TBC* 3:30 to 4pm - Big & Small 4 to 4:30pm - Tiny Dancers 4:30 to 5:10pm - Rising Stars		
<b>TUESDAY</b> <b>DLC (Ballet - Miss Ari)</b> 3:30 to 4pm - Big & Small 4 to 4:30pm - Tiny Dancers 4:30 to 5:10pm - Rising Stars			<b>FOR HILL POOLS (Ballet - Miss Hannah)</b> 3:30 to 4pm - Big & Small 4 to 4:30pm - Tiny Dancers 4:30 to 5:10pm - Rising Stars			<b>SCOUT HUT (Street Dance - Miss Anita)</b> 3:50 to 4:30pm - Mini Street 4:30 to 5:10pm - Junior Street 5:10 to 5:50pm - Junior Street Plus			<b>LOCHABER HALL (Miss Leila)</b> 3:30 to 4pm - Big & Small 4 to 4:30pm - Tiny Dancers 4:30 to 5:10pm - Rising Stars			
<b>WEDNESDAY</b> <b>EDCC (Ballet - Miss Anita)</b> 9:30 to 10am - Big & Small 10 to 10:30am - Tiny Dancers		<b>DLC (Ballet - Miss Ari)</b> 3:30 to 4pm - Tiny Dancers 4 to 4:40pm - Rising Stars 4:40 to 5:20pm - Mini Ballerini & Etoiles		<b>GOODRICH (Str Dance - Miss Anita)</b> 3:50 to 4:30pm - Mini Street 4:30 to 5:10pm - Junior Street		<b>H HILL LIFESTYLE CENTRE (Str Dance) *OPENING DATE TBC*</b> 3:45 to 4:25pm - Mini Street 4:25 to 5:05pm - Junior Street		<b>ALDERBROOK (Str Dance - Miss Anita)</b> *Alderbrook children ONLY* 3:30 to 4:10pm - Mini Street 4:10 to 4:50pm - Junior Street				
<b>THURSDAY</b> <b>IVYDALE BELLWOOD (Ballet - Miss Jade)</b> 9:30 to 10am - Big & Small 10 to 10:30am - Tiny Dancers		<b>FOR HILL POOLS (Ballet - Miss Ari)</b> 4 to 4:40pm - Rising Stars 4:40 to 5:20pm - Mini Ballerini & Etoiles		<b>DLC (Str Dance - Miss Chloe)</b> 4 to 4:40pm - Mini Street 4:40 to 5:20pm - Junior Street		<b>ALDERBROOK (Ballet - Miss Stephanie)</b> *Alderbrook children ONLY* 3:30 to 4:10pm - Tiny Dancers & Rising Stars 4:10 to 4:50pm - Mini Ballerini		<b>TEL HILL CENTRE (Ballet - Miss Anita)</b> 3:30 to 4pm - Big & Small 4 to 4:30pm - Tiny Dancers 4:30 to 5:10pm - Rising Stars 5:10 to 5:50pm - Mini Ballerini		<b>SUNDAY</b> <b>TR POINTS (Ballet - Miss Bex)</b> 9 to 9:30am - Big & Small 9:30 to 10am - Tiny Dancers 10 to 10:40am - Rising Stars		
<b>FRIDAY</b> <b>DLC (Ballet - Miss Ari)</b> 3:30 to 4pm - Tiny Dancers 4 to 4:40pm - Rising Stars 4:40 to 5:20pm - Mini Ballerini & Etoiles			<b>FOR HILL POOLS (Ballet - Miss Anita)</b> 9:30 to 10am - Big & Small 10 to 10:30am - Tiny Dancers			<b>LOCHABER HALL (Str Dance - Miss Anita)</b> 3:50 to 4:30pm - Mini Street 4:30 to 5:10pm - Junior Street <b>LOCHABER HALL (Ballet - Miss Anita)</b> 5:10 to 5:50pm - Mini Ballerini		<b>STUDIO ONE PILATES (Ballet - Miss Eva)</b> 3:30 to 4pm - Big & Small 4 to 4:30pm - Tiny Dancers 4:30 to 5:10pm - Rising Stars 5:10 to 5:50pm - Mini Ballerini			<b>TR POINTS (Str Dance - Miss Bex)</b> 10:40 to 11:20am - Mini Street 11:20am to 12pm - Junior Street 12 to 12:40pm - Mini Ballerini & Etoiles	
<b>SATURDAY</b> <b>EDCC (Ballet - Miss Ari)</b> 9 to 9:30am - Big & Small 9:30 to 10am - Tiny Dancers 10 to 10:40am - Rising Stars 10:40 to 11:20am - Mini Ballerini 11:20 to 12pm - Etoiles 12 to 1pm - Cygnets 1 to 2pm - Sugar Plum Fairies <b>EDCC (Contemporary - Miss Stephanie)</b> 2 to 3pm - Contemporary (Y4 - Teens)		<b>EDCC (Street Dance - Miss Eva)</b> 9 to 9:40am - Mini Street 9:40 to 10:20am - Junior Street 12:10 to 12:50pm - Mini Street 2 12:50 to 1:30pm - Junior Str Plus <b>EDCC (Tap - Miss Eva)</b> 10:20 to 11am - Toe Tips & Heel 'n Toes <b>EDCC (Ballet - Miss Eva)</b> 11 to 11:30am - Tiny Dancers 2 11:30 to 12:10pm - Rising Stars 2		<b>SCOUT HUT (Street Dance - Miss Anita)</b> 9:20 to 10am - Mini Street 12:20 to 1pm - Junior Street <b>SCOUT HUT (Ballet - Miss Anita)</b> 10 to 10:30am - Big & Small 10:30 to 11am - Tiny Dancers 11 to 11:40am - Rising Stars 11:40 to 12:20pm - Mini Ballerini/Etoiles		<b>FUSION SE6 (Ballet - Miss Jade)</b> 9 to 9:30am - Big & Small 9:30 to 10am - Tiny Dancers 10 to 10:40am - Rising Stars 12 to 12:40pm - Mini Ballerini <b>FUSION SE6 (Str Dance - Miss Leila)</b> 10:40 to 11:20am - Mini Street 11:20am to 12pm - Junior Street		<b>St. BART'S (Street Dance - Miss Leila)</b> 9 to 9:40am - Mini Street 9:40 to 10:20am - Junior Street <b>St. BART'S (Ballet - Miss Leila)</b> 10:20 to 10:50am - Big & Small 10:50 to 11:20am - Tiny Dancers 11:20am to 12pm - Rising Stars		<b>SUNDAY</b> <b>IVYDALE BELLWOOD (Ballet - Miss Jade)</b> 9 to 9:30am - Big & Small 9:30 to 10am - Tiny Dancers 10 to 10:40am - Rising Stars <b>IVYDALE BELLWOOD (Str Dance - Miss Jade)</b> 10:40 to 11:20am - Mini Street 11:20am to 12pm - Junior Street		

# Class description

Students are ordered by School Year and move up in September (when applicable).

## Ballet

### Big & Small

For children born in 2018, late 2017 and older children who prefer dancing with an adult. A fun class with parents, nannies or anyone keen to join their little dancers. Baby siblings welcome to come along.

### Tiny Dancers

Pre-schoolers, i.e. born between September 2016 and August 2017. The first approach to ballet technique in a creative and imaginative style.

### Rising Stars\*

Reception children and school year 1. A definite development from the former stage and a preparation to more demanding ballet technique.

*\* Advanced rising Stars are children in Year 1 who have already attended previous levels at Eos Dance*

### Mini Ballerini

Introduction of barre work and more elaborated enchaînments. From school year 2, up to and including beginners in Year 3 and 4.

### Etoiles

Beginners in Year 4 or older children with little or no ballet background. Very advanced school year 3.

### Cygnets

Children from school year 5, according to level of experience.

### Sugar Plum Fairies

Children in year 5-6, with a strong ballet background. Tweens and teenagers at beginner level.

## Street dance

### Mini Street

Music, energy and great moves! Children from reception to school Year 1.

### Junior Street

Adding style and challenge to choreographies. Children from school Year 2 to Year 4 (beginners).

### Junior Street Plus

Time to start big moves. Children from school Year 4 (advanced) to Year 6.

### Teen Street

For highly enthusiastic pre-teens and teenagers. Fun is the only requirement...

## Tap

### Toe Tips

The first approach to some very good fun. Children from reception to school year 2

### Heel 'n Toe

More advanced steps, routines and techniques. Children in school year 3 to year 6

## Contemporary

A modern approach to dance, in its various styles. For children from school year 4 to teens.