



www.eosdance.co.uk

Online classes - General information

Our online classes can be attended in any setting. Your living-room or even a bedroom are big enough to dance. All that is needed is an internet connection and a bunch of enthusiasm!

➤ Bookings

Reservations can be made via secure online form. You will receive a link upon enquiry. We offer blocks of 5 or 10 classes covering pre-set dates. Should you wish to join when a block has already started, you'll be offered the possibility to book additional classes to make up for what missed. A pro rata option will be available if joining after the first half of the block. Should we be able to resume our regular sessions mid-block, what paid will be deducted from the new term or can be used for regular classes even if you do not wish to carry on.

For example:

1. We recommence physical classes after 6 weeks. You paid for 10 sessions. There will be a balance for only 4 sessions until the end of the regular term.
2. We start back. You paid for 5 classes and have 2 left. You can use these two only at your venue and not pay for the rest of the term in course.

Private classes are available upon request and outside our regular class times.

➤ How to attend

Once registered and reserved a slot:

- Go to XXXXXXXXXXXX (hidden for security reasons)
- Enter our Meeting ID XXXXXXXX (hidden for security reasons)
- You can join your waiting room before your class. We'll let you in as soon as it is time to start.
- On a desktop, laptop or tablet device, please select the grid view icon to see all the other participants (top right of screen). On a mobile, flip your phone horizontally.
- Make sure your child is fully visible. We'll be looking at their feet and may need your assistance to frame part of their bodies.
- Enjoy your class.

SAFETY NOTICE

OUR STUDENTS' SAFETY IS OUR PRIORITY. AS A SECURITY MEASURE, WE WILL NOT BE ABLE TO ALLOW PARTICIPANTS WHO DO NOT COMPLY WITH THE FOLLOWING INSTRUCTIONS

To gain access, please change your **display name** to your **child(ren)'s full name** (**both** name and surname). This can be done following instructions on XXXXXXXXXXXX (hidden for security reasons)

Select your device (Windows & Mac/Mobile iOS/Web to see relevant steps.

As an additional safety policy, we would like to see our students in their uniforms at all times. This will allow us to make them immediately recognisable.

Many thanks for your cooperation

➤ **Props and equipment**

Props and equipment may be used in our classes. Examples are:

Big & Small to Rising Stars

Scarves, shakers, ribbons, stuffed toys and more. You may have these at home. If not, there are many creative ways to arrange with common household items (e.g. a food container/water bottle with rice for shakers). The teacher will advise what is needed and when.

Ballet classes from Mini Ballerini upwards

A chair, a banister or any piece of furniture can become a perfect ballet barre. The ideal height is a few fingers above the bellybutton. Resistance bands, yoga mats and towels may also be introduced for specific body conditioning exercises. the teacher will advise accordingly.

Street dance

No particular equipment is needed. However, we may suggest to provide simple clothing items (caps, bandanas) to create specific routines.