

VENUES

Alderbrook School
Oldridge Road - SW12 8PP

DLC (Dulwich Leisure Centre)
2b Crystal Palace Road - SE22 9HB

EDCC (East Dulwich Comm Centre)
44-46 Darrell Road - SE22 9NL

Fison Fitness
280 Milkwood Road - SE24 0EZ

Forest Hill Pools
Dartmouth Road - SE23 3HZ

Fusion Bellingham
5 Randlesdown Road - SE6 3BT

Goodrich School
Dunstans Road - SE22 0EP

Herne Hill Lifestyle Centre
Ferndene Road - SE24 0AG

Lochaber Hall
Manor Lane Terrace - SE13 5QL

Space @61
61 Cheltenham Road - SE15 3AF

St Bartholomew's Church Hall
4 Westwood Hill - SE26 6QR

Studio One Pilates
58-72 Dalmain Road - SE23 1AT

Telegraph Hill Centre
Kitto Road - SE14 5TY

The Scout Hut
212 Bellenden Road - SE15 4BY

Training Points
5-6 Coopers Yard - SE19 1TN



www.eosdance.co.uk

Class Calendar 2019 - 2020

■ Autumn term
 ■ Spring Term
 ■ Summer Term
 ■ Holidays

| September | October | November | December |
|----------------------|----------------------|----------------------|----------------------|
| M T W T F S S | M T W T F S S | M T W T F S S | M T W T F S S |
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| 9 10 11 12 13 14 15 | 14 15 16 17 18 19 20 | 11 12 13 14 15 16 17 | 9 10 11 12 13 14 15 |
| 16 17 18 19 20 21 22 | 21 22 23 24 25 26 27 | 18 19 20 21 22 23 24 | 16 17 18 19 20 21 22 |
| 23 24 25 26 27 28 29 | 28 29 30 31 | 25 26 27 28 29 30 | 23 24 25 26 27 28 29 |
| 30 | | | 30 31 |
| January | February | March | April |
| M T W T F S S | M T W T F S S | M T W T F S S | M T W T F S S |
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| 27 28 29 30 31 | 24 25 26 27 28 29 | 23 24 25 26 27 28 29 | |
| | | 30 31 | |
| May | June | July | August |
| M T W T F S S | M T W T F S S | M T W T F S S | M T W T F S S |
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| 1 2 3 | 8 9 10 11 12 13 14 | 6 7 8 9 10 11 12 | 3 4 5 6 7 8 9 |
| 4 5 6 7 8 9 10 | 15 16 17 18 19 20 21 | 13 14 15 16 17 18 19 | 10 11 12 13 14 15 16 |
| 11 12 13 14 15 16 17 | 22 23 24 25 26 27 28 | 20 21 22 23 24 25 26 | 17 18 19 20 21 22 23 |
| 18 19 20 21 22 23 24 | 29 30 | 27 28 29 30 31 | 24 25 26 27 28 29 30 |
| 25 26 27 28 29 30 31 | | | 31 |

Please see page 2 for timetable

Please see page 3 for class description

TIME TABLE

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|--|--|--|--|--|--|--|--|--|--|---|--|---|--|---|--|
| MONDAY GOODRICH (Ballet - Miss Ari) 3:45 to 4:25pm - Rising Stars 4:25 to 5:05pm - Mini Ballerini 5:05 to 5:35 - Pointe work (Sugar Plum Fairies) | | | | | | STUDIO ONE PILATES (Ballet - Miss Anita) 9:30 to 10am - Big & Small 10 to 10:30am - Tiny Dancers | | STUDIO ONE PILATES (Str Dance) *OPENING DATE TBC* 4 to 4:40pm - Mini Street 4:40 to 5:20pm - Junior Street | | TEL HILL CENTRE (Str Dance - Miss Anuschka) 4 to 4:40pm - Mini Street 4:40 to 5:20pm - Junior Street | | H HILL LIFESTYLE CENTRE (Ballet - Miss Bo) 3:30 to 4pm - Big & Small 4 to 4:30pm - Tiny Dancers 4:30 to 5:10pm - Rising Stars | | FISON FITNESS (Ballet - Miss Berni) *OPENING DATE TBC* 3:30 to 4pm - Big & Small 4 to 4:30pm - Tiny Dancers 4:30 to 5:10pm - Rising Stars | |
| TUESDAY DLC (Ballet - Miss Ari) 3:30 to 4pm - Big & Small 4 to 4:30pm - Tiny Dancers 4:30 to 5:10pm - Rising Stars | | | FOR HILL POOLS (Ballet - Miss Anuschka) 3:30 to 4pm - Big & Small 4 to 4:30pm - Tiny Dancers 4:30 to 5:10pm - Rising Stars | | | SCOUT HUT (Street Dance - Miss Anita) 3:50 to 4:30pm - Mini Street 4:30 to 5:10pm - Junior Street 5:10 to 5:50pm - Junior Street Plus | | | LOCHABER HALL (Ballet - Miss Leila) 3:30 to 4pm - Big & Small 4 to 4:30pm - Tiny Dancers 4:30 to 5:10pm - Rising Stars | | | | | | |
| WEDNESDAY EDCC (Ballet - Miss Anita) 9:30 to 10am - Big & Small 10 to 10:30am - Tiny Dancers | | DLC (Ballet - Miss Ari) 3:30 to 4pm - Tiny Dancers 4 to 4:40pm - Rising Stars 4:40 to 5:20pm - Mini Ballerini & Etoiles | | GOODRICH (Str dance - Miss Bo) 3:50 to 4:30pm - Mini Street 4:30 to 5:10pm - Junior Street | | H HILL LIFESTYLE CENTRE (Str Dance) *OPENING DATE TBC* 3:45 to 4:25pm - Mini Street 4:25 to 5:05pm - Junior Street | | ALDERBROOK (Str Dance - Miss Anita) *Alderbrook children ONLY* 3:30 to 4:10pm - Mini Street 4:10 to 4:50pm - Junior Street | | | | | | | |
| THURSDAY SPACE @61 (Ballet - Miss Bo) 9:30 to 10am - Big & Small 10 to 10:30am - Tiny Dancers | | FOR HILL POOLS (Ballet - Miss Ari) 4 to 4:40pm - Rising Stars 4:40 to 5:20pm - Mini Ballerini & Etoiles | | DLC (Str Dance - Miss Berni) 4 to 4:50pm - Mini Street 4:40 to 5:20pm - Junior Street | | ALDERBROOK (Ballet - Miss Anuschka) *Alderbrook children ONLY* 3:30 to 4:10pm - Tiny Dancers & Rising Stars 4:10 to 4:50pm - Mini Ballerini | | TEL HILL CENTRE (Ballet - Miss Anita) 3:30 to 4pm - Big & Small 4 to 4:30pm - Tiny Dancers 4:30 to 5:10pm - Rising Stars 5:10 to 5:50pm - Mini Ballerini | | SUNDAY TR POINTS (Ballet - Miss Ciara) 9 to 9:30am - Big & Small 9:30 to 10am - Tiny Dancers 10 to 10:40am - Rising Stars | | | | | |
| FRIDAY DLC (Ballet - Miss Ari) 3:30 to 4pm - Tiny Dancers 4 to 4:40pm - Rising Stars 4:40 to 5:20pm - Mini Ballerini & Etoiles | | | FOR HILL POOLS (Ballet - Miss Anita) 9:30 to 10am - Big & Small 10 to 10:30am - Tiny Dancers | | | LOCHABER HALL (Str Dance - Miss Anita) 3:50 to 4:30pm - Mini Street 4:30 to 5:10pm - Junior Street LOCHABER HALL (Ballet - Miss Anita) 5:10 to 5:50pm - Mini Ballerini | | STUDIO ONE PILATES (Ballet - Miss Bo) 3:30 to 4pm - Big & Small 4 to 4:30pm - Tiny Dancers 4:30 to 5:10pm - Rising Stars 5:10 to 5:50pm - Mini Ballerini | | TR POINTS (Str Dance - Miss Ciara) 10:40 to 11:20am - Mini Street 11:20am to 12pm - Junior Street 12 to 12:40pm - Mini Ballerini | | | | | |
| SATURDAY EDCC (Ballet - Miss Ari) 9 to 9:30am - Big & Small 9:30 to 10am - Tiny Dancers 10 to 10:40am - Rising Stars 10:40 to 11:20am - Mini Ballerini 11:20 to 12pm - Etoiles 12 to 1pm - Cygnets 1 to 2pm - Sugar Plum Fairies | | EDCC (Street Dance - Miss Bo) 9 to 9:40am - Mini Street 9:40 to 10:20am - Junior Street 12:10 to 12:50pm - Mini Street 2 12:50 to 1:30pm - Junior Str Plus EDCC (Tap - Miss Bo) 10:20 to 11am - Toe Tips & Heel 'n Toes EDCC (Ballet - Miss Bo) 11 to 11:30am - Tiny Dancers 2 11:30 to 12:10pm - Rising Stars 2 | | SCOUT HUT (Street Dance - Miss Anita) 9:20 to 10am - Mini Street 12:20 to 1pm - Junior Street SCOUT HUT (Ballet - Miss Anita) 10 to 10:30am - Big & Small 10:30 to 11am - Tiny Dancers 11 to 11:40am - Rising Stars 11:40 to 12:20pm - Mini Ballerini/Etoiles | | FUSION SE6 (Ballet - Miss Leila) 9 to 9:30am - Big & Small 9:30 to 10am - Tiny Dancers 10 to 10:40am - Rising Stars 12 to 12:40pm - Mini Ballerini FUSION SE6 (Str Dance - Miss Leila) 10:40 to 11:20am - Mini Street 11:20am to 12pm - Junior Street | | St. BART'S (Street Dance - Ciara) 9 to 9:40am - Mini Street 9:40 to 10:20am - Junior Street St. BART'S (Ballet - Miss Ciara) 10:20 to 10:50am - Big & Small 10:50 to 11:20am - Tiny Dancers 11:20am to 12pm - Rising Stars | | SUNDAY SPACE @61 (Ballet - Miss Bo) 9 to 9:30am - Big & Small 9:30 to 10am - Tiny Dancers 10 to 10:40am - Rising Stars SPACE @61 (Str Dance - Miss Bo) 10:40 to 11:20am - Mini Street 11:20am to 12pm - Junior Street | | | | | |

Class description

Students are ordered by School Year and move up in September (when applicable).

Ballet

Big & Small

For children born in 2017, late 2016 and older children who prefer dancing with an adult. A fun class with parents, nannies or anyone keen to join their little dancers. Baby siblings welcome to come along

Tiny Dancers

Pre-schoolers (intended as Academic Year before reception). The first approach to ballet technique in a creative and imaginative style

Rising Stars*

Reception children and school year 1. A definite development from the former stage and a preparation to more demanding ballet technique

** Advanced rising Stars are children in Year 1 who have already attended previous levels at Eos Dance*

Mini Ballerini

Introduction of barre work and more elaborated enchaînments. From school year 2, up to and including beginners in Year 3 and 4

Etoiles

Year 3 children as a guideline. Beginners in Year 4 or older children with little or no ballet background

Cygnets

Children from school year 4, according to level of experience. Beginners in Year 4 upwards

Sugar Plum Fairies

Children in year 4-6, with a strong ballet background. Tweens and teenagers at beginner level.

Street dance

Mini Street

Music, energy and great moves! Children from reception to school year 1

Junior Street

Adding style and challenge to choreographies. Children from school year 2 to year 4 (beginners)

Junior Street Plus

Time to start big moves. Children from school year 4 (advanced) to year 6

Teen Street

For highly enthusiastic pre-teens and teenagers. Fun is the only requirement...

Tap

Toe Tips

The first approach to some very good fun. Children from reception to school year 2

Heel 'n Toe

More advanced steps, routines and techniques. Children in school year 3 to year 6